

HOSTILE ENVIRONMENT FIRST AID TRAINING (HEFAT®)

COURSE OVERVIEW

This initial 4-day Intensive High Risk HEFAT® course is our flagship course. Originally designed for frontline media workers, it has now become our most popular course, attended by a wide range of clients including:

- News gathering and Production media
- NGO's and humanitarian workers
- Oil and Gas Workers
- Independent Travellers
- Anyone who lives, works or travels in volatile areas worldwide.
- Companies who wish to fulfil their Duty of Care obligations for staff deployed to High Risk areas overseas

COURSE SYLLABUS

- Introduction to Risk Assessment
- First Aid (includes CPR & AED)
- Ballistic threats
- Mines / IED's
- Personal Protective Equipment
- Emergency 'Grab' Bags and First Aid Kits
- Route Planning
- Vehicle Security
- Car-jacking
- Checkpoints
- Personal Safety
- Sexual Violence
- Civil Disturbances and Riots
- Kidnap and Abduction
- Other subjects may be added
- Convoys

COURSE DETAILS

This is an intensive 4-day residential course held at [Highfield Park](#), Heckfield, Hampshire, UK. Our facility includes a modern, fully equipped training room with comprehensive training equipment and dedicated 'break out' areas; on-site admin support and ample car parking. We also offer scheduled courses in the US each year in Bethlehem, PA. Also available elsewhere, on request.

Course dates available on our [website](#) or on request.

COURSE FEES

Blue Mountain's Hostile Environment First Aid Training (HEFAT®) courses are quoted on a case by case basis; please contact us with your specific requirements. As a minimum, our fee includes:

- Blue Mountain's Hostile Environment First Aid Training (HEFAT®) certification (valid for three years) plus, if required, a Highfield Level 3 First Aid Response certificate, also valid for three years (UK only)
- Before expiry of your HEFAT® certificate, you can attend the 2-day Refresher course to renew your certificate for a further 3 years. Please ask for further details.