

HABC LEVEL 3 AWARD IN FIRST AID RESPONSE

COURSE OVERVIEW

The Blue Mountain Level 3 First Aid Response course is certificated by Highfield. It is designed to support learners in gaining a more comprehensive understanding of first aid with an understanding of how important medical/environmental intelligence is when dealing with a range of casualties.

In line with industry guidance, the qualification supports/approves first aiders for a period of 3 years, at which point learners will need to re-sit the course; however, the recommendation is that learners refresh their knowledge annually.

The course provides intermediate level skills for the management of a broad range of common emergencies, covering initial patient assessment to the management of circulation and shock, respiration and airway management, basic life support, defibrillation and treatments for a range of typical medical emergencies.

This practical course allows you to access the skills and expertise we have acquired from decades of operational experience in UK Special Forces, specialist medical units and close protection medical work. Our course exceeds industry requirements and will introduce additional elements dependent on course/student requirements. These can include fluid therapy, advanced trauma to chest and abdomen, head and extremity (including tourniquets and haemorrhage) injuries.

COURSE SYLLABUS

First Aid at Work:

- Role and responsibilities of a First Aider
- Assess an incident
- Casualty Surveys
- Unresponsive casualty – breathing normally
- Unresponsive casualty – not breathing normally
- Recognise and assist a choking casualty
- Manage external bleeding
- Manage shock
- Injuries to bones, muscles and joints
- Suspected head and spinal injuries
- Suspected chest injuries
- Burns and scalds
- Eye injuries
- Sudden poisoning

Medical Intelligence and Environmental Awareness:

- Environmental impact
 - Key medical intelligence
 - How to support a variety of casualties
- Including:**
- Scene safety
 - Scene management
 - Triage
 - Primary survey and assessment
 - Minimising infection risk
 - Communication with patients
 - Safe moving and handling
 - Post-incident procedures

Defibrillation (AED):

- Safe use of an Automated External Defibrillator (AED)
- Normal / abnormal rhythms
- Basic Life Support (BLS) techniques
- Basic maintenance/checks of an AED

Other:

- Medical related emergencies
- Heart attack/angina
- Diabetes
- Stroke
- Epilepsy
- Asthma
- Anaphylaxis
- Minor injuries
- Suspected major illness

COURSE DETAILS

This is a four-day course held at Blue Mountain's dedicated training facility in South Wales. Our facility includes a modern, fully equipped training room with comprehensive training equipment and dedicated 'break out' areas; on-site admin support and ample car parking.

COURSE FEES

Blue Mountain's Level 3 First Aid Response course cost includes:

- Four days of training from highly qualified and experienced Blue Mountain Instructors
- All training aids, equipment, manuals and reading material
- Highfield Level 3 Award in First Aid Response

Course fee is £495 (excluding VAT). A discount of £60 is available if booked with our Close Protection course.